

Activity Sheet Week 8

Heroes Of Faith - Jonah



Story Time

Watch our story video from this week's smAll Nations episode: www.allnationselim.org/smallnations



Bible Time

God gave Jonah a job to do. He wanted Jonah to go to the city of Nineveh and warn them. But instead of doing what God asked, Jonah ran away. God knew where Jonah was and chose to discipline him. When God sent a frightening storm, Jonah realized the storm was his fault. Jonah told the sailors to throw him overboard to save their own lives. Instead of letting Jonah drown, God sent a big fish to swallow him. Jonah spent three days and nights the belly of the fish, which was like having a long "time out" in a very smelly place! When Jonah was in the fish, he prayed and told God that he was sorry for not obeying. God let Jonah out of the fish, giving him another chance. This time Jonah was ready to obey God. He went and told the people of Nineveh that God wanted them to stop doing wrong. Jonah was scared and felt he couldn't do the job God wanted him to do and he was right! He needed God to help him, all God wanted was for Jonah to take that step of faith.



Show Us

Send us pictures of you and your family joining in with smAll Nations. Ask a grown-up to email them to: smallnations@allnationselim.org



Prayer For The Week

Dear God. Thank you that we can all be a hero of faith. Thank you that you want to use all of us even if sometimes we feel scared or worried. Help us to pray, take steps of faith, have courage, have patience, forgive others and expect you to act. Amen



Chat Time

Chat about the story of Jonah.

Use these questions to help you get started:

What did God ask Jonah to do?

What did Jonah do instead?

What happened to Jonah when he tried to run away from God?

Do you feel like running away and hiding when Mum or Dad ask you to do something?

What would God want you to do?

Do you think God would send you into the belly of a whale for a time out?



Ideas For The Week

Tell us what you have enjoyed about this series. Send us your pictures and videos all about your favourite part of Heroes of Faith. Remember that you can be a hero of faith too - why don't you tell us how you think you can do that.



Memory Verse

"It's not by might nor by power, but by my spirit" says the Lord.

Zechariah 4:6



Song Of The Week

Frog by Big Ministries

Listen to our smAll Nations playlist at: www.allnationselim.org/smallnations



Modern Hero Of Faith

This week we didn't focus on one hero of faith, but we thought about how we could all be heroes of faith. God wants to use us just like he used Corrie Ten Boom, Smith Wigglesworth and Eric Liddel. Just like all of the Heroes of faith we have discussed God has a plan for us too. We are part of his big picture for the world and he will use us to tell others about his love for them. So how do we become a hero of faith? Just like Daniel we need to pray at all times and like Moses we will sometimes need to take a step of faith. Like Joseph we may have to forgive people who hurt us and like Esther we will have to be brave and show courage. Sometimes we might be faced with the impossible like Elijah and we will have a wow moment with God. Other times we will have to wait patiently like Sarah or obey like Noah and Jonah (eventually) even when what God is asking us to do seems strange or scary. Whatever the situation we know we can rely on an awesome God who sees the bigger picture.

