

The Armour Of God - Breastplate of Righteousness

Bible Time



The story for this week is the feeding of the 5000 by Jesus using only 5 loaves and 2 fish. Although this is an amazing miracle by Jesus, we are looking at the role of the little boy in the story. Yes, the boy who gave up his lunch and let Jesus use it. He made the right choice and allowed God to work. God knows that we need help making the right choices and that is why he gives us the Breastplate of Righteousness. Righteousness means being right with God, doing things his way and being his friend. In Roman times the breastplate guarded the soldier's heart and lungs. God says we should have a breastplate to protect our hearts too, but not from physical attack but spiritual attack from God's enemy and even ourselves. Our heart is the most important part of us as it is where Jesus lives and is often what we listen to when we make decisions. So, it is important every day that we ask God to guard our heart and imagine putting on the breastplate of righteousness.

Secret Symbol



It's no secret this week! Add this symbol to your Armour Of God Map which you can download from the website.

Memory Verse



"What does God ask of us? That we act justly, love mercy and walk humbly." - Micah 6:8

Song Of The Week



With God Anything Is Possible
by Dave Cooke

Listen to our smAll Nations playlist at:
www.allnationselim.org/smallnations



Prayer For The Week



Dear God. Thank you that you give us the breastplate of righteousness to help us guard our hearts. Help us to turn to you when we need to make decisions and to listen to your word to help us decide. Amen

Chat Time



Chat about the story of Samuel. Use these questions to help you get started:

How many loaves and fish did the little boy have?

Can you remember the name of the disciple who asked the boy to share?

How many baskets of food were left over?

What does righteousness mean?

Have you ever had to make a difficult decision?

How do you feel when you know you have made the right decision?

Ideas For The Week



Make your own breastplate of righteousness to remind yourself that God will help you make the right choices. Colour in the breastplate on this sheet. Practise the actions to God Suit On using the actions song from Naomi!

Show Us



Send us pictures of you and your family watching smAll Nations, dancing, joining in with the game and making the craft. Ask a grown-up to email them to: smallnations@allnationselim.org