Activity Sheet

Fruit Of The Spirit - Week 6: Goodness



Story Time

Watch the story video from this week's smAll Nations.



Bible Time

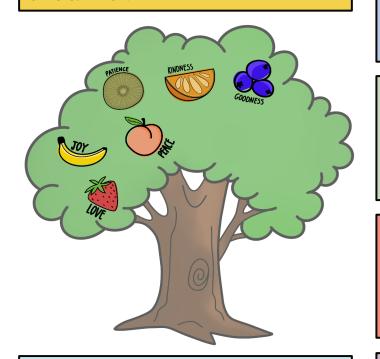
We have chosen today's story to show God's goodness. You can find it in the first book of the bible, Genesis.

When God created the world, everything was good. There was no sin or sadness or sickness. Everything was just good. Imagine how wonderful that must have been for Adam and Eve, the first humans. Even though sin did come into the world, everything that God created is still good, even us. God is good and loving to us all of the time and it is his power that can create goodness in us.

But what does it mean to be good? Does it mean you will never get into trouble, will always keep your room tidy or that you will be the best at everything you do? No, goodness is being the kind of person other people want to be around. A good way to measure someone's goodness is by how they treat others. But that can be hard too and we need God's help. God loves, guides and cares for us and that is what we should do for others but to do that we must love God first and let his goodness shine through. So this week concentrate on being someone that others want to be around by loving God first.

Prayer For The Week

Dear God, thank you that everything you created is good, even us. Help us to understand that it is only your power that can create goodness inside of us. Help us to show your goodness through how we treat others. Amen.



Ideas For The Week

Think about the people you enjoy being around, how do they make you feel? Ask God to help you be the type of person who people want to be around.

Chat Time

Chat about the story. Use these questions to help you get started:



What did God create on each day of the creation story?

What do you think is the best thing God created and why?

What does it mean to be good?
What do you need God's help with?

Memory Verse

Trust in the Lord and do good; dwell in the land and enjoy safe pasture.



Psalm 37:3

Song Of The Week

You Are Good Good by Vineyard Kids



Listen to our smAll Nations playlist at: www.allnationselim.org/smallnations

Show Us

Send us pictures of you and your family watching smAll Nations, dancing, joining in with the game and making the craft. Ask a grown-up to email them to: smallnations@allnationselim.org